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The Village Voice

This is our school, Let peace dwell here
Fill all the rooms with happiness.
As many hands do make a house,
So many hearts do make our school.



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eugenevillageschool.org

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JANUARY EVENTS



Friday, 1/10
6:30-8:00 PM

Rescheduled Winter Concert
First Christian Church

Wednesday, 1/15
3:15-4:15 PM

Heart of the Village Planning

5:30-6:30 PM

Board Meeting

5:30-7:30 PM

1st Grade Parent Evening

6:30-7:30 PM

Parent Council

Friday, 1/17

Re-Enrollment Due by 3 PM

8:15-8:50 AM

Green School Garden Committee

Monday, 1/20

NO SCHOOL--MLK Jr. Day

Monday, 1/27

Sibling Applications Due by 3 PM

Thursday, 1/30
6:00-8:00 PM

8th Grade Parent Meeting

Friday, 1/31
6:00-8:00 PM

Talent Show

WINTER CONCERT TONIGHT



We look forward to hearing the lovely voices and instrumental talents of your children tonight at the Winter Concert. The concert starts at 6:30 PM at the First Christian Church, located at 1166 Oak Street. See you in your Sunday best!

ATTENTION PARENTS:

RE-ENROLLMENT FORMS FOR THE
2014-2015 SCHOOL YEAR ARE DUE
BY FRIDAY, JANUARY 17TH AT 3 PM.

IF A FORM IS NOT TURNED INTO THE
OFFICE BY THIS TIME AND DATE, YOUR
CHILD/REN WILL LOSE THEIR PLACES
AT THE VILLAGE SCHOOL.

WE NEED YOUR SPECIAL SKILLS AND CONNECTIONS!

Plans are underway for the Heart of the Village celebration happening in February. We are looking for individuals who have special skills or know of groups or individuals who would like to donate their time, talents or goods for the event. Here are some examples of what we need:

- *Contacting Businesses for Donation Requests*
- *Live Performances for Main Stage*
- *Storytellers*
- *Cake Bakers/Donations*
- *Food Donations*
- *Raffle Basket Item Donations*
- *Coffee/Tea Donations*
- *Group Crafts/Art Workshop Ideas for Event*
- *Event Supplies and Equipment (Tents, Decorations, Art)*
- *Event Advertising and Promotion*

This is a great way to earn your family's volunteer hours while supporting a fun event. If you or anyone you know are interested in helping out with any of these needs or have ideas for the event, please contact Sherri in the office at 541-345-7285 or sherrim@eugenevillageschool.org.

GRANDPARENTS' DAY IS COMING!



The Village School will be having our first Grandparents' Day on Thursday, February 6th. The day will begin with a continental breakfast, then grandparents will experience main lesson with their grandchildren, and they will be honored with student performances and lunch in the cafeteria. The event is two days away from Heart of the Village so that grandparents can experience more of our school life! Please complete the Grandparents' Day Invitation Contact Information Form (attached with Village Voice in email) and bring it in to the office ASAP.

PARENT SUPPORT GROUP

I would like to change the next parent group date to this coming Tuesday, January 14th and then the next Tuesday, January 21st from 3 to 4. Childcare will be provided. We are reading Chapter Six in "Siblings Without Rivalry" but if you don't have the book, it's still okay to come. Please contact me if you have questions.

Pat Anderson, Counselor (pattyann25@gmail.com)

HEALTHY REMINDERS

In the last week, I have been hearing about the H1N1 flu that is going through our community. While I don't want to be fearful, I do want to stay informed and do everything I can to protect my family and others from the flu.

I thought I would share the simple ideas I have gathered from various sources, ideas I will be putting into place for my family:

1. **WASHING HANDS:** Washing hands as the last thing you do when you leave your house in the morning and the first thing you do when returning home. If children are able to wash their hands as they arrive at school, that would be helpful.

Washing hands as much as possible throughout the day will help; after sneezing and coughing, before eating or handling items in the lunch room, any manageable transitional time between group activities.

Trying not to touch your face throughout the day, and reminding kids to take a break from doing the same could help, nose and lips obviously being the focus.

2. **DRINKING EXTRA WATER:** Teachers and parents can encourage children to drink more water. Get a water bottle that you find appealing and keep refilling it! More water is always a good idea, from general health to keeping a hydrated body in case of sickness.

Starting my day with 1/2 a lemon in warm water feels great and helps get a jump on vitamin C, digestion and hydration.

3. **GETTING EXTRA SLEEP:** Moving bedtime up by even a half hour can make a healthy difference in many ways. If you're lucky enough to find some nap time, enjoy and know you could be doing yourself some good.

4. **DIET:** Eat extra fruit and vegetables. Bell peppers, dark leafy greens, oranges, sweet potatoes, kiwis, blueberries, broccoli, carrots and mushrooms are all excellent for the immune system. The Village kitchen served both red bell peppers and kiwis this week, specifically thinking of boosting Vitamin C. We have the best kitchen!

5. **OUTSIDE AND INSIDE:** Getting fresh air and at least a bit of exercise every day is invaluable, even if it's just a nice walk around the block.

Important: Keep your children home if they are sick and stay home from work if you are sick. If you have any questions about the guidelines around fevers, diarrhea and vomiting please review the school policy on illness or call the office to inquire.

Lastly, any immune booster that you know of and believe in, this is a great time to pull them out!

Let's stay healthy Village Family :)

Cheers! Meg Orion

8TH GRADE PARENT MEETING 1/30

Attention 8th Grade parents. Thursday January 30th is a very important parent evening. We hope to see every 8th grade student represented.

This will be the last required 8th grade all-parent evening concerning your 8th grade student. The meeting combines two very important events.

1) The end of year 8th grade week long trip to Seattle and John's Island in the San Juan Islands of Washington and some time sensitive preparations that must begin this winter.

2) An orientation for our compulsory Health and Human Sexuality class (OWL) which begins Friday Feb. 7th and continues each Friday afternoon until June.

The agenda for this evening is full and important. The meeting will begin at 6:00 with some refreshments and follow the outlined agenda below.

6:15-6:45 an 8th grade class trip meeting:

-Fundraising update

-Class trip overview

-Parent planning responsibilities

-“Student in good standing” criteria for participation in end of year class trip.

The OWL part of the meeting will begin at 6:45-7:00 and plan to wrap by 8:00ish.

It will be led by Jennie Sherlock a trained OWL educator who teaches both in the private and public sector and who will be lead/co-teaching with Andy T for the third consecutive year.

You will leave this meeting understanding the ins and outs of the 8th grade trip that can only be communicated in person as well as this important curriculum being brought to your student's classroom 90 minutes weekly for the rest of the year.

GREEN SCHOOL GARDEN COMMITTEE

Dear Parents:

You are cordially invited to attend a Green School and Garden Meeting next Friday, the 17th, during our usual Village Cafe time at 8:30am outside the cafeteria. We'll even set up a table at 8:15am if you would like to sign up for something and don't have time to stay. We will have a brief meeting for 20 minutes to discuss exciting events like Earth Day, a trash fashion show, a garden workday, a garden green-house raising and celebration, Amazon Creek restoration, or more great ideas. Please come! It counts for your volunteer hours!

Lesley McClintock, Garden Coordinator

EARN \$ FOR THE VILLAGE SCHOOL AT KENDALL DEALERSHIPS!

Earn the school points at Kendall auto dealerships for sales, service or even just saying hello (point breakdown below).

- Stop by and say "hi!" *50 points*
- Test drive at any Kendall dealership *500 point*
- Vote for your school on Facebook and earn *100 points per day* (you must "like" the page in order to vote)
- Service, maintenance and parts at Kendall dealerships: *\$1 spend = 1 Point*
- New and pre-owned vehicle sales at Kendall dealerships: *\$1 spend = 1 Point*

SAVE AT THE CORNBREAD CAFE WHILE SUPPORTING THE 8TH GRADE!



Love the Cornbread Cafe? Then you're going to love this deal! Cornbread Cafe gift certificates with a value of \$25 are on sale for \$20 each in the school office. That's right-pay only \$20 and get \$25 to spend! And it gets even better: 100% of the gift certificate proceeds go toward the 8th grade trip. Come buy yours before supplies run out.

FROM THE VILLAGE KITCHEN

The Village Kitchen would like to thank the Brey and Mrdalj families for their donations of cloth napkins!

SHOP LOCALLY OR ONLINE AND RAISE FUNDS FOR VILLAGE SCHOOL



We encourage everyone to use eScrip, Capella Scrip, and Unique Eugene Scrip. These programs help local vendors and bring fundraising dollars to our school. We also have two online fundraising venues: Amazon.com and SchoolMall.com.



Go to www.eugenevillageschool.org and click "Shop for Village School" on the left. Links will appear for Amazon.com and SchoolMall.com. Click and shop from these links, and the Village School earns as much as 15% of your sales. If you bookmark the initial link to these sites, you can make these your browser's portal for them.

SchoolMall.com allows you to buy from many retailers, including REI, iTunes, Land's End, Best Buy, Home Depot, Barnes and Nobles, OfficeMax, and The Body Shop. Each sale generates donations for the Village School.

Please send Village Voice submissions by Thursday at 12:00pm to Maureen at village@4j.lane.edu. Thank you!