



The Village School

Lunch Menu

September 2014



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch includes: Fresh Fruit Salad Bar Organic Milk – 1% or Skim	1	2	3	4	5	6
			FIRST DAY OF SCHOOL (½ Day)	Sandwich Bar – Cheese, Hummus or PBJ	Sushi Bowl GF	
7	8	9	10	11	12	13
	Mac and Cheese	Brown Rice and Black Bean Bowl with Yumm! Sauce GF	Quesadilla – Smoked Salmon or Plain Roasted Potatoes	Sandwich Bar – Cheese, Hummus or PBJ	Tofu Ramen Bowl GF	
14	15	16	17	18	19	20
	Baked Potato Bar Quinoa GF	Brown Rice and Black Bean Bowl with Yumm! Sauce GF	Spaghetti -Meatballs or Parmesan	Sandwich Bar – Cheese, Hummus or PBJ	Stacked Enchiladas GF	
21	22	23	24	25	26	27
	Tofu Pad Thai	Brown Rice and Black Bean Bowl with Yumm! Sauce GF	Stromboli – Pesto, Pepperoni or Plain	Sandwich Bar – Cheese, Hummus or PBJ Roasted Potatoes	Dragon Bowl GF	
28	29	30				Lunch Price: Reduced: \$0.40 K – 8: \$3.50 Non-student: \$5.00
	Tortilla Española Quinoa GF	Brown Rice and Black Bean Bowl with Yumm! Sauce GF				

The Village School is an equal opportunity provider.