



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch includes: Fresh Fruit Salad Bar Organic Milk – 1% or Skim	Lunch prices: Free and Reduced: \$0.00 K – 8: \$3.50 Non-student: \$5.00				1 Sushi Bowl GF	2
3	4 Chili Cornbread Muffin GF	5 Black Bean and Brown Rice Bowl with Yumm! Sauce GF	6 Spaghetti	7 Sandwich – Cheese, Hummus or PBJ	8 Dragon Bowl GF	9
10	11 Potato Gratin Quinoa GF	12 Pinto Bean and Brown Rice Bowl with Yumm! Sauce GF	13 Stromboli	14 Sandwich – Cheese, Hummus or PBJ	15 Stacked Enchiladas GF	16
17	18 Tofu Ramen Bowl	19 Black Bean and Brown Rice Bowl with Yumm! Sauce GF	20 Soft Tacos GF	21 Sandwich – Cheese, Hummus or PBJ	22 Baked Potato Bar Quinoa GF	23
24	25 Mac and Cheese GF	26 Pinto Bean and Brown Rice Bowl with Yumm! Sauce GF	27 Quesadilla Black Beans GF	28 Sandwich – Cheese, Hummus or PBJ	29 Sushi Bowl GF	30