



The Village School

# Lunch Menu

February 2016 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Mashed Potato Bowl Quinoa  GF	2 Brown Rice and Pinto Bean Bowl with Yumm Sauce  GF	3 Quesadillas with Black Beans	4 Sandwiches - Cheese, Hummus or PBJ	5 Sushi Bowl  GF	6
7	8 Three Bean Chili Cornbread Muffin  GF	9 Brown Rice and Black Bean Bowl with Yumm Sauce  GF	10 Spaghetti with Parmesan	11 Sandwiches - Cheese, Hummus or PBJ	12 Baked Potato Bar Quinoa  GF	13
14	15  <b>No School</b>	16 Brown Rice and Pinto Bean Bowl with Yumm Sauce  GF	17 Stromboli – Pesto or Marinara	18 Sandwiches - Cheese, Hummus or PBJ	19 Chinese Fried Rice  GF	20
21	22 Mac and Cheese	23 Brown Rice and Black Bean Bowl with Yumm Sauce  GF	24 Soft Tacos  GF	25 Sandwiches - Cheese, Hummus or PBJ	26 Dragon Bowl  GF	27
28	29 Mashed Potato Bowl Quinoa  GF				<b>Lunch includes:</b> Fresh Fruit Salad Bar Organic Milk – 1% or Skim	<b>Lunch price:</b> Free and Reduced: \$0.00 K – 8: \$3.50 Non-student: \$5.00

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