



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch includes: Fresh Fruit Salad Bar Organic Milk – 1% or Skim			1 Stromboli – Pepperoni, Pesto or Plain	2 Sandwich Bar – Cheese, Hummus or PBJ	3 Stacked Enchiladas GF	4
	5	6 Mac and Cheese	7 Pinto Bean and Brown Rice Bowl with Yumm! Sauce GF	8 Soft Tacos – Beef or Bean GF	9 Sandwich Bar – Cheese, Hummus or PBJ	10 Baked Potato Bar Quinoa GF
12	13 Potato Gratin Quinoa GF	14 Black Bean and Brown Rice Bowl with Yumm! Sauce GF	15 Quesadilla – Smoked Salmon or Plain	16 Sandwich Bar – Cheese, Hummus or PBJ	17 Sushi Bowl Baked Tofu GF	18
19	20 Ramen Miso Soup with Tofu Roasted Potatoes GF	21 Pinto Bean and Brown Rice Bowl with Yumm! Sauce GF	22 Spaghetti – with Meat Sauce or Parmesan	23 Sandwich Bar – Cheese, Hummus or PBJ	24 No School	25
26	27 Coconut Lentil Soup Pita	28 Black Bean and Brown Rice Bowl with Yumm! Sauce GF	29 Stromboli – Pepperoni or Plain	30 Sandwich Bar – Cheese, Hummus or PBJ		Lunch prices: Reduced: \$0.40 K – 8: \$3.50 Non-student: \$5.00