



The Village School

# Lunch Menu

February 2015



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Lunch includes:</b> Fresh Fruit Salad Bar Organic Milk – 1% or Skim	Chickpea Coconut Curry  GF	Black Bean and Brown Rice Bowl with Yumm! Sauce  GF	Stromboli – Pepperoni, Pesto or Plain	Sandwich Bar – Cheese, Hummus or PBJ	Stacked Enchiladas  GF	
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
	Mac and Cheese	Pinto Bean and Brown Rice Bowl with Yumm! Sauce  GF	Soft Tacos – Beef or Bean  GF	Sandwich Bar – Cheese, Hummus or PBJ	Baked Potato Bar Quinoa  GF	
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
	<b>No School</b>	Black Bean and Brown Rice Bowl with Yumm! Sauce  GF	Quesadilla – Smoked Salmon or Plain	Sandwich Bar – Cheese, Hummus or PBJ	Sushi Bowl  GF	
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
	Ramen Miso Soup with Tofu Roasted Potatoes	Pinto Bean and Brown Rice Bowl with Yumm! Sauce  GF	Spaghetti – with Meat Sauce or Parmesan	Sandwich Bar – Cheese, Hummus or PBJ	Dragon Bowl	<b>Lunch prices:</b> Reduced: \$0.40 K – 8: \$3.50 Non-student: \$5.00  GF

The Village School is an equal opportunity provider.